

- Wasserlauf BL, Matava MJ: Advances in the surgical treatment of SLAP lesions. *Current Opinion in Orthopaedics* 14: 262-268, 2003.
- “Developing Your Hockey Sports Medicine Team” at 23<sup>rd</sup> Annual Sports Medicine Symposium, 2018
- “Current Concepts in Shoulder Instability” at Resident Orthopedic Conference, 2018
- “UCL Injuries in the Throwing Athlete: Update 2017” at 22<sup>nd</sup> Annual Sports Medicine Symposium, 2017

**Research/Clinical Interests**

ACL reconstruction, Shoulder Instability, Shoulder Arthroplasty.

Physician Assistant: **Kristin Overton, PA-C**



Kristin has been a Physician Assistant for 5 years working in conjunction with Dr. Wasserlauf, treating both sports related injuries as well as many

general orthopedic problems. She is currently co-director of the Orthopedic Urgent Care in Bloomfield.

Kristin has previously worked in Neurosurgery for 15 years, in both the Hartford and New Haven areas, treating many spinal conditions. For the past 20 years she has been an adjunct professor at Quinnipiac University Physician Assistant Program.

She graduated from Colorado State University with a Bachelor of Science degree in Biology with a minor in Anatomy. She then graduated from Quinnipiac University, receiving her Physician Assistant certificate as well as a Masters degree in Health Science. She is a member of the American Academy of Physician Assistants as well as the Physician Assistants in Orthopedic Surgery.

She is involved in the community assisting in team coverage for local high schools as well as the University of Hartford athletics. In addition, she is a competitive triathlete competing in local, national and international events, including the Ironman. ■

# Sports medicine, surgery of the shoulder and knee, joint replacement surgery



## Sports medicine, surgery of the shoulder and knee, joint replacement surgery



**Dr. Brett Wasserlauf** is personally invested in his patients' outcomes. He employs non-operative treatment methods, when possible, to take

advantage of the body's ability to heal itself. When surgery is necessary, he is skilled in minimally-invasive techniques for shoulder, knee and sports injuries. He utilizes the most advanced techniques for joint preservation and joint replacement surgery. Dr. Wasserlauf has developed a reputation for connecting with his patients, a rarity in today's rushed practices, which leads to a high level of patient satisfaction.

### Specialties

- Minimally invasive surgery
- **Shoulder:** arthroscopy, rotator cuff repair, instability repair, labral repair, joint preservation surgery, total and reverse shoulder replacement
- **Knee:** arthroscopy, knee ligament (ACL) reconstruction, meniscal repair, cartilage/joint preservation surgery, total/partial knee replacement
- **Elbow:** ligament reconstruction, tennis elbow repair
- Care of fractures and traumatic injuries

### Education

**College:** Duke University, *Phi Beta Kappa, Magna cum laude*

**Medical School:** Columbia University College of Physicians and Surgeons, New York City, *Alpha Omega Alpha Medical Honor Society*



**Residency in Orthopedics:** New York, Orthopedic Hospital at Columbia University, *Arnold P. Gold Foundation Humanism and Excellence in Teaching Award*

**Fellowship:** Sports Medicine—Washington University/Barnes-Jewish Hospital in St. Louis

### Memberships

#### Professional Affiliations

- Board certified by the American Board of Orthopaedic Surgeons (ABOS)
- Subspecialty Certification in Sports Medicine (ABOS)
- Diplomat, American Academy of Orthopaedic Surgeons (AAOS)
- Member, American Orthopaedic Society for Sports Medicine (AOSSM)
- Member, Connecticut Orthopaedic Society (COS)
- Member, New England Shoulder & Elbow Society (NESES)
- Director of Research, Connecticut Sports Medicine Institute (CSMI)
- Member, Connecticut Joint Replacement Institute (CJRI)

#### Hospital Affiliations

- Connecticut Surgery Center
- Trinity Health-New England (St. Francis Hospital and Medical Center)
- Clinical Associate, University of Connecticut School of Medicine, Department of Orthopaedic Surgery

#### Athletic Affiliations

- Team physician for:
  - University of Hartford
  - Hartford WolfPack
  - Northwest Catholic High School

### PERSONAL

- Loves spending time with his wife and young daughter
- Enjoys an active lifestyle, including running, hiking, yoga and playing golf. His secret ambition is to master the acoustic guitar.

### Presentations/Publications

- Wright RW, Steger-May K, Wasserlauf BL, O'Neal ME, Weinberg BW, Paletta GA: Elbow Range of Motion in Professional Baseball Pitchers. *American Journal of Sports Medicine* 34(2): 190-193, 2006.
- Wasserlauf BL, Paletta GA: Throwing injuries in the skeletally-immature athlete. *Orthopaedic Clinics of North America* 34: 427-437, 2003.
- Wasserlauf BL, Paletta GA: Developmental anatomy of the pediatric and adolescent knee. In Micheli and Kocher (eds): *The Pediatric and Adolescent Knee*. Philadelphia: Saunders, 2006, 27-32. →

