



ADVANCED
ORTHOPEDICS

NEW ENGLAND

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Advanced Orthopedics

New England

Our goal is to improve our patients' lives by providing superior, compassionate orthopedic care in a comfortable setting that exceeds expectations in quality and value.

At Advanced Orthopedics New England (formerly Greater Hartford Orthopedic Group, Daryle A. Ruark MD, and CT Orthopedic Associates), we treat our patients as individuals. We know that orthopedic surgery can be challenging, so rest assured that our specialists are the best in their field. When you visit one of our orthopedic specialists, you'll receive an individualized treatment plan designed to promote fast and lasting healing. From your initial appointment, all the way through the procedure to the follow-up care, you can expect a friendly, caring environment where we

always put our patients' needs first. Being an integral part of our community is important to our physicians. Our surgeons hold Medical Directorship positions for the Connecticut Sports Medicine Institute and the Spine Institute of Connecticut. Our doctors volunteer their time at the Orthopedic Clinic at St. Francis Hospital. The clinic serves uninsured and underinsured patients in need of expert orthopedic care. While at the clinic, our surgeons work with and train UCONN residents, preparing the next generation of orthopedic specialists to take care of the people of Connecticut.

Looking for an orthopedic clinic close to your home? Call us today to set up an appointment.



A proud member of St Francis Healthcare Partners Network/ACO

Bloomfield • Enfield • Rocky Hill • Springfield, MA

Urgent Care

We have now opened an Orthopedic Urgent Care facility, located in Bloomfield, to take care of injuries and orthopedic needs. **A walk-in facility.**

A Team of Experts

Our staff only work in orthopedic care. The team will have a combination of expert orthopedic knowledge and understanding; from our Surgeons and Physician Assistants to our specialty trained support staff.

Onsite Assessment and Treatment

As part of our commitment to providing specialized, quality, and quick orthopedic care to our acutely injured patients, our facility offers a full range of services and treatment capabilities. Our Specialists can access x-rays immediately for review, diagnosis and treatment plan development. Treatment may include casting, application of braces,

slings and crutches, which will be provided at the time of the visit. If necessary, surgeries will be scheduled separately. Our patients receive priority follow-up care with our Specialists to monitor the healing progress

Please note same day appointments are available at all our facilities.



Orthopedic Conditions

Many people wonder when it's time to see an orthopedic specialist. Visiting the orthopedic specialist can speed recovery time if there is a suspected traumatic or

repetitive motion injury to a bone, joint, or tendon. In addition, an orthopedic specialist is an important part of treatment when a patient is experiencing chronic joint, bone or

muscle pain, is diagnosed with a rheumatic disease, or has arthritis. If you are suffering a significant sprain, strain or fracture, contact us immediately.



Advanced Orthopedics New England offers effective and comprehensive techniques for the assessment and treatment of simple and complex orthopedic injuries and diseases in patients of all ages. We provide

skilled, compassionate care focused squarely on the needs of the individual patient. Each treatment recommendation is founded on an in-depth analysis of the individual patient's medical needs, overall health, and personal

treatment objectives to ensure optimal outcomes. Our specialists are highly trained in their field of expertise and are dedicated to getting you back to your optimum health and activity as soon as possible.

Sports Injuries

Whether you are a professional athlete or a weekend warrior, you will benefit from the expertise of our sports medicine physicians. Our sports medicine team treats a number of problems related to an active lifestyle, including tennis elbow, rotator cuff injuries, knee

pain and knee injuries, stress fractures and muscle injuries.

Our doctors specialize in the use of non-surgical methods as the first line of treatment, using the latest advances in medicine, including Platelet Rich Plasma (PRP) and Stem

Cell Injections. When non-surgical procedures are exhausted, our surgeons use the latest surgical and minimally-invasive arthroscopic procedures to allow our patients the fastest return to their functional activity and the sports they love.

Our Teams

- Suffield Academy
- American International College
- Hartford Wolf Pack
- Enfield High School
- Bloomfield High School
- Windsor High School
- Windsor Locks High School
- Suffield High School
- University of Hartford
- Northwest Catholic High School



Workers' Compensation

Advanced Orthopedics New England offers a specialized Workers' Compensation program. Our goal is to consistently provide excellent comprehensive orthopedic care with a focus on treatment, healing and returning our patient (your employee) back to work in a safe and timely fashion.

To keep the recovery process on track, we have a dedicated Workers' Compensation team that works with our physicians to ensure we have streamlined communications with our patients, their employers, insurance carriers/adjusters, and physical/occupational therapists. We offer an Orthopedic Urgent

Care Clinic, that is open for walk-in care for injured employees with both day and evening hours. We understand and respect the complexity of care and communication that is required. As such, our focus on communication is designed to help everyone stay informed to foster timely processing of case related inquiries.



Benefits to our Program

- Same day/walk-in orthopedic care
- Highly qualified orthopedic surgeons trained in all orthopedic subspecialties
- Ongoing communication regarding the worker's status and return-to-work plan with the employee, employer, case manager, and other parties involved
- Convenient locations in Bloomfield, Enfield, Rocky Hill and Springfield MA

Caring, Customized Return to Work Plan

The health, safety and wellbeing of the injured worker is always our priority. Individuals preparing to go back to work after an extended period may have some concerns about their

abilities to perform their job safely and effectively. Our clinicians create individualized plans and programs for injured workers using the job descriptions and an understanding of essential

job functions. Each return to work program is based on the medical evaluation of the employee and their individual needs and abilities.